

**QMS Virtual Learning Schedule**

The shift to virtual learning represents a continuation of in-class instruction and as such all work will be assessed in the same manner as in-school. Daily instruction will be conducted ‘synchronously’ or live online. Teachers will review expectations for virtual learning at the beginning of class.

Students are expected to be present (virtually) for each class, each day. They are asked to prepare for instruction by ensuring the following:

* quiet environment with space to work;
* logged on to MS Teams via computer, laptop or tablet;
* phone off / out of sight;
* paper and writing tool ready;
* water and snack(s) nearby; and
* microphone muted.

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|   | **Time** | **Activity** | **Notes** |
| **Homeroom** | **8:40-8:55** | Advisory / SEL |  |
| **Break** (5 mins) |
| **Period 1** | **9:00-9:30** | Synchronous instruction |  |
| Group discussion / work |  |
| ***Break*** |
| **Period 2** | **9:45-10:15** | Synchronous instruction |  |
| Group discussion / work |  |
| ***Break*** |
| **Period 3** | **10:30-11:00** | Synchronous instruction |  |
| Group discussion / work |  |
| ***Break*** |
| **Period 4** | **11:15-11:45** | Synchronous instruction |  |
| Group discussion / work |  |
| ***Lunch*** |
| **Period 5** | **1:00-1:30** | Synchronous instruction |  |
| Group discussion / work |  |
|  |
| **PM** (offline) |  | Independent Reading | 20 mins per day |
|  |  | Physical Activity | 30-60 mins per day |
|  |  | Independent Homework | As assigned |

Teachers will be available in the afternoon for additional help, or to answer questions. Students should contact teachers through MS Teams to request support. Afternoon ‘office hours’ will be posted by the teacher on their Teams site.